



MANTAS INVITATIONAL HONG KONG 2019

FINAL INFORMATION FOR TEAMS 8-9 June

Please also check out our website; [Mantas!!](#)

VENUE; HONG KONG SPORTS INSTITUTE, SHATIN. <http://www.hksi.org.hk/>

FRIDAY 7th June; please note that the pool is NOT OPEN for warm up or swimming on this day. It is a public holiday in Hong Kong on this day, so the public pools may also be very busy!!

Any warm up by teams will have to be at nearby public pools – the nearest one for those staying in Shatin is [Shatin public pool](#)

SCRATCHES; if you have any scratches that you wish to send in advance, please do so, as it is a pre-seeded meet this would be useful! Heats and lanes will not be changed unless really necessary – but we will try to cut out the first heat if at all possible. Scratches on day of meet to be handed to the Marshalling area. Scratches will appear as NS (no show) on the results.

SATURDAY 8 June; Mantas officials will be in marked t-shirts – please ask for directions, guidance as necessary! Please arrive in plenty of time in order to locate seating etc.

ON ARRIVAL; Just inside the main entrance there is an information desk where teams can collect programmes, information sheets, T-shirts for swimmers and coaches and lanyards for swimmers.

SEATING; please find your allocated seating area. For those seated in the West stand nearest the main entrance – access to pool deck and marshalling is downstairs through door on the ground level directly under stand. For those in the far side East spectator stand – access to pool deck and marshalling is via a stairway at the far end of the spectator stand. Please keep to your allocated seating which will be labeled (allocation is double number of swimmers for each team)

CATERING; The Sports Institute Cafeteria in the HKSJ main building will NOT BE AVAILABLE for food/drink purchase. Hot and cold drinks, sandwiches, hot dogs and snacks will be available from a vendor at the top of the West spectator stand. Just outside the pool there will also be FOOD TRUCKS from 11.30-14.30. There will be water dispensers at the poolside and in the spectator stands so please bring a REUSABLE WATER BOTTLE. There will be FREE POCARI stalls at the top of the East and West spectator stands.

WARM UP; coaches to please be on time for warm up and leave the lanes on time, please be courteous to other teams and keep to your allocated lanes as posted. Apologies that some teams need to warm up in the adjacent 25m pool. We have kept the same lanes on each day, Saturday and Sunday.

MARSHALLING; make sure you know where the marshalling area is, and get swimmers there in plenty of time. Keep a look out for the marshalling board, showing the event numbers being marshalled. PLEASE BE REMINDED THAT EVENT NUMBER 39, 40, 49, 50, 69, 70 WILL NOT RUN THIS YEAR – and apologies again for that.

WARM DOWN; the 25m pool can be used for warm down during the meet – NOT AS A PLAY AREA!

TIMINGS ON SATURDAY;

7.00am; Pool opens. Coaches please read information pack and ask any questions at info desk at main entrance.

7.30- 7.50am; Session A Warm up time

7.50-8.10am; Session B Warm up time

8.30am; Events start. Those in first events to go to marshalling immediately following warm up.

Please note - 19.00pm; Events finish. We were originally due to finish at 18.00pm. However we have booked an extra hour of pool time, in case events run late. IM relays may be delayed until Sunday morning. During the day there will be a 30 minutes lunch break – time will be announced during the morning.

TIMINGS ON SUNDAY;

6.45am; Pool opens

7.00- 7.20am; Session A Warm up time

7.20-7.40am; Session B Warm up time

8.00am; Events start. Those in first events to go to marshalling immediately following warm up.

16.00pm; Events finish. During the day there will be a 30 minutes lunch break – time will be announced during the morning.

FALSE STARTS; Swimmers will be disqualified for any false starts. ASA officials will be at the meet acting as starters, stroke and turn judges, to make sure FINA rules are applied. Any protest / questioning about decisions or results must be made by COACH ONLY – to Bev Wright in control room.

RACE START AND FINISH; Swimmers must remain in the pool until asked to exit by the referee, then go out by the sides of the . Please explain to swimmers that we will have **'dive over' starts** in free, fly and breast events and they must stay close to wall on finish.

SCORING; Standard scoring system will be implemented; 9,7,6,5,4,3,2,1, for 1st to 8th place. Points for relay positions will be double those of Individual events. Relays are STAIRSTEP – this means one swimmer from each of following 4 age groups per team; 9&10 / 11&12 / 13&14 / 15-17. Swimmers may represent a higher age group if they wish. For the Medley swimmers can swim in any order. For the Freestyle relay we insist on swimmers order youngest to oldest.

MEDALS AND RIBBONS; Medals awarded for first, second and third in an event overall; ribbons for 4th to 8th places in each event. These can be collected during both days from the Medals & Enquiries desk in the West stand. For swimmers **not** in the fastest heat (the last heat), they will receive a ribbon for coming 1st in the heat, these will be given out on pool deck at the finish of each heat.

HIGH POINT AWARDS; High point trophies are awarded to the highest point score in each age group, boy and girl. Plus awards to 2nd and 3rd place in each age group, boy and girl.

Team trophies for Visiting teams 1st, 2nd and 3rd place. Trophies for all Record Breakers.

SUNDAY AFTERNOON ON COMPLETION OF EVENTS; Trophy Presentation

The results will be collated as soon as possible, and any awards will be presented in the foyer area upstairs in the HKS main building – this is located opposite the pool main entrance – just across the road.

There will be a results podium and backdrop for presentation and photos.

IF FOR ANY REASON YOU CANNOT WAIT AND HAVE WON A TROPHY – PLEASE LEAVE US DETAILS ON HOW TO SEND AWARDS TO YOU.

HOPE EVERYONE ENJOYS THE COMPETITION!! LOOKING FORWARD TO MEETING YOU!